 **Counselors &  
Psychologists**

**Attention & Memory Center  
NC Neuropsychiatry**

2605 Blue Ridge Dr. Ste 225  
Raleigh, NC 27607  
919.537.2561  
[ncneuropsych.com](http://ncneuropsych.com)

**Sharie Birdt, MS. Ed**

Behavior Consultant  
919.272.2640

**The Carolina Ctr for ABA &  
Autism**

919.371.7848  
[carolinacenterforABA.com](http://carolinacenterforABA.com)

**The Child Counselor**

Lauren Thomason  
183 Wind Chime Ct, Ste 100  
Raleigh, NC 27615  
[thechildcounselor.com](http://thechildcounselor.com)

**Beth Barnard, LCSW**

6604-202 Six Forks Rd  
Raleigh, NC 27615  
eybarnard@hushmail.com  
919.805.4334  
[elizabethbarnardlcsw.com](http://elizabethbarnardlcsw.com)

**Crisis Stabilization Center**

984.974.4830

**Katherine Fabrizio, MA, LPC,  
LPA**

629 Oberlin Road  
Raleigh, NC 27605  
805.764.1959  
[raleighcounselingandtherapy.com](http://raleighcounselingandtherapy.com)

**Lucy Daniels Center**

9003 Weston Pkwy  
Cary, NC 27513  
919.677.1400  
\*10 yrs old & younger  
[lucydanielscenter.org](http://lucydanielscenter.org)

**Flip Educational Consulting,  
LLC**

Elda Privette- 919.271.3762  
519 Keisler Dr, Ste 202  
Cary, NC 27518  
Elizabeth Worley-  
919.389.3950  
280 W. Millbrook Rd  
Raleigh, NC 27609

**Hope Services, LLC**

3000 Highwoods Blvd  
Ste 310  
Raleigh, NC 27604  
919.714.7500  
[hopeservices4u.com](http://hopeservices4u.com)

**Innerpath Family Counseling**

5840 Farington Place  
Raleigh, NC 27609  
919.301.0054  
\*accepts Tricare

**Kelley Counseling**

122 N. Salem St, Ste 201  
Apex, NC 27502  
919.249.5423

**Tara Kenyon, MSW, LCSW**

Therapeutic Alliances  
5840 Faringdon Place  
Raleigh, NC 27609  
919.521.5372

**Carolynn O. Lee, MSW**

3921 Sunset Ridge Rd  
Ste 302  
Raleigh, NC 27607  
919.666.2363  
\*PTSD, eating disorders, self-  
injury, post-partum, body  
image

**Anissa R. Ferris, MSW**

919.676.7800

**A New Life Services**

312 W. Millbrook Rd, Ste 129  
Raleigh, NC 27615  
919.877.6101  
\*accepts Medicaid

**New Leaf Behavioral Health**

3725 National Dr, Ste 220  
Raleigh, NC 27612  
919.781.8370  
\*accepts Medicaid &  
Healthchoice  
[nlbh.org](http://nlbh.org)

**Raleigh Parent & Child**

Laura Goulian, LCSW  
919.391.9029  
Meg Hill, LPC  
919.807.1982  
3900 Barrett Dr, Ste 208  
Raleigh, NC  
[raleighparentandchild.com](http://raleighparentandchild.com)

**Path to Hope Counseling**

Chris McDonald  
111 Windel Dr, Ste 205  
Raleigh, NC 27609  
919.618.6526  
919.916.5380

**Stephanie Phillips, LPC**

312 W. Millbrook Rd, Ste 233  
Raleigh, NC 27609  
919.219.6256  
[sphillipslpc.webs.com](http://sphillipslpc.webs.com)

**Project Enlightenment**

501 S. Boylan Ave  
Raleigh, NC 27603  
919.856.7774  
[projectenlightenment.wcpss.net](http://projectenlightenment.wcpss.net)

**Therapeutic Alternatives, Inc**

877.626.1772  
\*mobile crisis management

**Jennifer Stevens, LCSW**

1100 Navajo Dr, Ste 114  
Raleigh, NC 27609  
919.297.2357  
[jstevenslcsw.com](http://jstevenslcsw.com)

**Therapeutic Partners, PLLC**

7406 Chapel Hill Rd, Ste F  
Raleigh, NC 27607  
919.233.7360  
[therapeuticpartners.com](http://therapeuticpartners.com)

**Capital City Counseling**

111 Windel Drive, Ste 221  
Raleigh, NC 27609  
919.336.4171  
capitalcitycounseling.com

**Triangle Counseling Agency**

182 Wind Chime Ct, Ste 102  
Raleigh, NC 27615  
919.277.0253  
[trianglecounselingagency.com](http://trianglecounselingagency.com)

**Triangle Family Services**

3937 Western Blvd  
Raleigh, NC 27606  
919.821.0790 ext. 333  
\*Children 3+, ESL available  
[tfsnc.org](http://tfsnc.org)

**Triangle Pastoral Counseling**

312 W. Millbrook Rd #109  
Raleigh, NC 27609  
919.845.9977  
[tripastoralcounseling.org](http://tripastoralcounseling.org)

**Wake Co. Local Management Entity Access Center**

3000 Falstaff Rd  
Raleigh, NC 27610  
919.250.3133 (24HR Access)

**3-C Family Services**

1901 N. Harrison Ave Ste 100  
Cary, NC 27513  
919.677.0101  
3cfs.co

**Grace Zuck, LPC**

5613 Duraleigh Rd, Ste 161  
Raleigh, NC 27612  
919.784.0205  
\*specializes in adoption

**Allison Grubbs, MSW, LCSW**

111 Brooks Ave  
Raleigh, NC 27607  
919.307.1597  
[allisongrubbinsnc.com](http://allisongrubbinsnc.com)

**New Hope Counseling**

230 W. Millbrook Rd  
Raleigh, NC 27609  
919.872.1405  
[nhcounseling.net](http://nhcounseling.net)

**Shattuck Wellness Behavioral Health**

2501 Atrium Dr, Ste 100  
Raleigh, NC 27607  
919.359.9700  
[swbhs.com](http://swbhs.com)

**Baker Clinical Services**

Annette Baker, PhD 10931  
Raven Ridge Rd Ste 109  
Raleigh, NC 27614  
919.841.5555  
[annettebaker.com](http://annettebaker.com)

**Bloomsbury Therapy**

Whitney Cain, PhD  
16 N. Boylan Ave  
Raleigh, NC 27603  
919.916.5554  
[bloomsburytherapy.com](http://bloomsburytherapy.com)

**Carolina Behavioral Care**

4102 Ben Franklin Blvd  
Durham, NC 27704  
\*accepts Medicaid & private insurance  
[carolinabehavioralcare.com](http://carolinabehavioralcare.com)

**Carolina Partners in Mental Healthcare**

1055 Dresser Court  
Raleigh, NC 27609  
919.929.9610 new patient  
919.876.3130 established  
[carolinapartners.com](http://carolinapartners.com)

**Katherine Bredehoeft, PhD**

7404- A Chapel Hill Rd  
Raleigh, NC 27607  
919.468.9444 ext. 1

**Ellison & Associates**

Maxlyn L. Ellison, MD 2301  
Rexwoods Drive, Ste 102  
Raleigh, NC 27607  
919.787.1932  
[eapsych.com](http://eapsych.com)

**Family Psychiatry & Psychology**

104-A Fountainbrook Cir  
Cary, NC 27511  
919.233.4131  
[fppa.com](http://fppa.com)

**Sally Grimley, PhD**

883 Washington Street  
Raleigh, NC 27605  
919.832.2991

**Bradley Hack, PhD & David Smoot, PhD**

6512 Six Forks Rd  
Raleigh, NC 27615  
919.518.0390

**Rosalind Heiko, PhD**

531 Keisler Dr, Ste 203  
Cary, NC 27511  
919.858.9692  
[drheiko.com](http://drheiko.com)

**Hyland Psychological Services**

Kathleen Hyland, PsyD  
8380 Six Forks Rd  
Ste 104  
Raleigh, NC 27615  
919.844.7725

**Emily King, PhD, PLLC**

3722 Benson Dr, Ste 101  
Raleigh, NC 27609  
919.521.4535  
[dremilyking.com](http://dremilyking.com)

**Mary Luckhardt, PhD**

4909 Water's Edge Dr  
Ste 100  
Raleigh, NC 27606  
919.816.9008

**Teresa M. McGlone, PhD**

Creedmoor Center  
8340 Bandford Way  
Ste 101  
Raleigh, NC 27615  
919.846.9763  
\*two nights per week;  
accepts some BCBS

**Sage Psychology Group**

919.472.0637  
[sagepsychologygroup.com](http://sagepsychologygroup.com)

**Mendell Psychological Associates**

3727 Benson Drive  
Raleigh, NC 27609  
Matthew Mendell, PhD  
919.876.1313  
Ginger Poole, LPCA, Art  
Therapist  
\*art Therapy & Digital  
Therapy for preteens & teens  
dealing w/ depression,  
chronic illness, & Aspergers  
919.876.1314  
[drmendel.com](http://drmendel.com)

**Christopher Ricci, PhD**

8009-104 Creedmoor Rd  
Raleigh, NC 27613  
919.802.4087  
\*social skills groups for boys  
7, girls ages 5-12 \*middle &  
high school boys group

**Joe Tooley, PhD**

106 Ridge View Drive  
Cary, NC 27511  
919.467.2464  
[tooleysgroup.com](http://tooleysgroup.com)

**TAC Psychological Services, Inc**

Jessica Tischner, PhD, LP  
2144 Page Road, Ste 102  
Durham, NC 27703  
919.609.9812

**Barbara Still, PhD**

4904 Water's Edge Drive  
Ste 227  
Raleigh, NC 27606  
919.858.7887

**Catherine Snow, PhD**

4909 Water's Edge Drive  
Ste 100  
Raleigh, NC 27606  
919.539.5608

**Silber Psychological Services, PA**


1004 Dresser Ct, Ste 103  
Raleigh, NC 27609  
919.876.5658  
1340 SE Maynard Rd  
Ste 201  
Cary, NC 27511  
919.481.9012  
[silbersolutions.com](http://silbersolutions.com)

**Triangle ACT, Inc**

Lorraine Matthews, PsyD, PC  
103-A Brady Ct  
Cary, NC 27511  
919.465.2550  
[triangleact.com](http://triangleact.com)

**Aisha Al-Qimlass, PhD**

115-D S. St. Mary's St  
Cary, NC 27603  
919.345.2132  
[creasman-counseling.com](http://creasman-counseling.com)

 **MD Psychiatry**

**Shane Boosey, MD**  
1616 Evans Rd #202  
Cary, NC 27513  
919.428.0885  
[carypsych.com](http://carypsych.com)

**Family Psychiatry &  
Psychology**  
104-A Fountainbrook Cir  
Cary, NC 27511  
919.233.4131  
[fppa.com](http://fppa.com)

**Shaheda Maroof, MD**  
4041 Ed Drive, Ste 108  
919.783.8377  
[capraleigh.com](http://capraleigh.com)

**Carol Martin, MD**  
1220 SE Maynard Rd  
Ste 102  
Cary, NC 27511  
919.462.1440

**Zachary Feldman, MD**  
3900 Browning Place  
Raleigh, NC 27615  
919.787.7125  
[raleighpsych.com](http://raleighpsych.com)

**Saranga Comprehensive  
Psychiatry**  
Vinay Saranga, MD  
1600 Olive Chapel Rd  
Apex, NC 27502  
919.695.5194  
[sarangapsychiatry.com](http://sarangapsychiatry.com)

**UNC Child & Adult  
Psychiatry Clinic**  
919.966.5162  
\*seen by residents in 4-6 wks  
& followed in clinic

**James Wainer, MD**  
867 Washington Street  
Raleigh, NC 27605  
919.833.5869

**Peak Developmental  
Associates**  
Ann-Marie Tuenier, MD  
Carrie Dittner, PhD  
201 South Salem Street  
Apex, NC 27502  
919.303.0377  
[apexpda.com](http://apexpda.com)

 **Educational Testing**

**Alana Conder**

Carolina Neuropsychological  
Services  
1540 Sunday Drive, Ste 200  
Raleigh, NC 27607  
919.859.9040  
[carolinacns.com](http://carolinacns.com)

**Catherine Snow, PhD**

4909 Water's Edge Drive  
Ste 100  
Raleigh, NC 27606  
919.539.5608

**Emily King, PhD, PLLC**

3722 Benson Drive, Ste 101  
Raleigh, NC 27609  
919.521.4535  
[dremilyking.com](http://dremilyking.com)

**Dr. Meredith Hickory**

1020 Southhill Drive #300  
Cary, NC 27513  
919.971.1495  
[drmeredithhickory.com](http://drmeredithhickory.com)

**Triangle Psychoeducational  
Consultants**

Laura Wyatt, PhD  
3820 Merton Drive  
Raleigh, NC 27609  
919.789.8989

**Triangle Development  
Services**

Catherine Jones, PhD  
Catherine Bridgers, MS  
Teresa Fortner  
4904 Water's Edge Dr  
Ste 100  
Raleigh, NC 27606  
919.890.5533

**Laura Kirby, LA, PLLA**

4090 Barret Drive  
Raleigh, NC  
919.672.7455  
[laurakirby.com](http://laurakirby.com)

**Lifescapes Counseling Assoc**

950 Windy Rd, Ste 305  
Apex, NC 27502  
919.303.0273  
[lifescapescounseling.com](http://lifescapescounseling.com)  
\*takes insurance

**Fayetteville Psychiatric  
Associates**

4505 Fairview Meadows  
Ste 102  
Raleigh, NC 27607  
919.670.3939  
[nhcounseling.net](http://nhcounseling.net)

**Trilogy Learning  
Consultants/ Trilogy**

Laura Wyatt, PhD  
3810 Merton Drive  
Raleigh, NC 27609  
919.781.7804

**NCSU Dept. of Psychology**

640 Poe Hall  
2310 Stinson Drive  
Raleigh, NC 27607  
919.515.2251

**Behavioral Health &  
Psychiatry, PA**

Emily Wray, PhD  
4201 Lake Boone Trl  
Ste 201  
Raleigh, NC 27607  
919.785.0384  
100 Europa Drive  
Ste 260  
Chapel Hill, NC 27517  
919.929.1227  
[hrc-pa.com](http://hrc-pa.com)  
\*dyslexia testing \*accepts  
BCBS

**Draper Psychology**

Alison Draper, LPA, PLLC  
278 W. Millbrook Rd  
Raleigh, NC 27609  
919.593.0491  
draperpsychology.com  
\*dyslexia testing

**✚ Acute Behavior  
Concerns**

**Therapeutic  
Alternatives, Inc.**  
877.626.1772

**Crisis Stabilization  
Center**  
984.974.4830

**Holly Hill Hospital**  
3019 Falstaff Rd  
Raleigh, NC 27610  
919.250.7000  
800.447.1800  
[hollyhillhospital.com](http://hollyhillhospital.com)  
\*free 24hr ER intake for  
crisis

**Sage Psychology Group**  
Marianna Fougere  
919.472.0637 ext. 1  
[sagepsychologygroup.com](http://sagepsychologygroup.com)

**Carolina Behavioral Care**  
4102 Ben Franklin Blvd  
Durham, NC 27704  
919.972.7700  
[carolinabehavioralcare.com](http://carolinabehavioralcare.com)  
\*accepts Medicaid &  
private insurance

**Hope Services, LLC**  
3000 Highwoods Blvd  
Ste 310  
Raleigh, NC 27604  
919.714.7500  
[hopeservices4u.com](http://hopeservices4u.com)

**Carolina Partners in  
Mental Healthcare**  
1055 Dresser Court  
Raleigh, NC 27609  
919.929.9610 referrals  
919.876.3130 established  
[carolinapartners.com](http://carolinapartners.com)

**✚ Social Skills Group**

**Peak Developmental  
Associates**  
201 S. Salem Street  
Apex, NC 27502  
919.303.0377  
[apexpda.com](http://apexpda.com)

**Capitol City Speech  
Therapy**  
141 N. Main Street  
Fuquay-Varina, NC 27526  
1520 Glenwood Ave  
Ste 201  
Raleigh, NC 27608  
919.577.6807

**3-C Family Services, P.A.**  
1901 N. Harrison Ave  
Ste 100  
Cary, NC 27513  
919.677.0101

**Silber Psychological  
Services, P.A.**  
1004 Dresser Court  
Ste 103  
Raleigh, NC 27609  
1340 SE Maynard Rd  
Ste 201  
Cary, NC 27511  
919.876.5658

**✚ Substance Abuse**

**Southlight Healthcare**  
3125 Poplarwood Court  
Ste 150  
Raleigh, NC 27604  
919.872.7373 ext. 1133  
[southlight.org](http://southlight.org)