

Questionnaire for Health Care Visit (11-12 Y.O.)

If yes, please explain: _____

Wasse Name as				
Your Name:				
CARDIOVASCULA	AR SCREEN:			
Have you ever fainted while exercising?			No	Yes
Do you typically cough or have shortness of breath when exercising?			No	Yes
Have you gotten aching chest pain when you exercise?			No	Yes
Has anyone in your family had a heart attack or stroke before age 55?			No	Yes
Did anyone in the family die suddenly while exercising?			No	Yes
MENTAL HEALTH SCREEN (PHQ-2)				
In the past two wee	eks, how often have you be	en bothered by the following sympton	oms:	
1) Feeling down, o	depressed, irritable, or hope	less?		
Not at all	Several Days	More than half of the time	Nearly every day	
2) Little interest or	pleasure in doing things?			
Not at all	Several Days	More than half of the time	Nearly every day	
Any Immediate Family history of mental health issues?			No Yes	

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