

Counselors & Psychologists Resources

One-80 Counseling

Emily Moeller

5510 Six Forks Road, Suite 125

Raleigh NC 27619

919.861.4111

www.one-eightycounseling.com

3-C Family Services

Dr. Leigh Blalock

Dr. Lori Schweickert

1 Copley Pkwy

Morrisville NC 27560

919.677.0101

www.3cfamilyservices.com

A New Life Services

312 W Millbrook Rd

Suite 129

Raleigh NC 27609

919.877.6101

www.anlsttherapy.com

ANEW U Counseling Services

1037 Dresser Dr

Raleigh, NC 27609

984.212.0028

www.anewucs.com

Attention & Memory Center NC

Neuropsychiatry

2605 Blue Ridge Dr

Ste 225

Raleigh, NC 27607

919.537.2561

www.ncneuropsych.com

Best Day Psychiatry & Counseling

Locations: Raleigh 919.670.3939 &

Durham/Chapel Hill 919.659.8686

www.bestdaypsych.com

BIRCH Therapy

1042 Washington St

Raleigh NC

984.664.0891

<https://www.birchtherapypllc.com/>

Bloomsbury Therapy

16 N Boylan Ave

Raleigh NC 27603

Whitney Cain, PhD

919.916.5554

www.bloomsburytherapy.com

Bowman Family Services

1788 Heritage Center Dr

Suite 104

Wake Forest NC 27587

919.556.6501

www.bowmanfamilyservices.com

Broken Things Farm and Therapy

Goldston, NC

984.977.8113

www.brokenthingsfarm.com/

Capital Counseling

417 N Blount St

Raleigh NC 27601

919.249.8281

www.capcounselingraleigh.com/

Carolina Pediatric Psychiatry & Development

5306 Six Forks Road, Suite 217

Raleigh, NC 27609

919.739.4287

www.carolinappd.com/

Center for Psychological and Family Services

501 Eastowne Dr
Suite 220
Chapel Hill NC 27514
7406 Chapel Hill Rd
Suite A&B
Raleigh NC 27607
www.cpfs.net/
919-408-3212

Christopher Ricci, PhD

131 Wind Chime Ct
2B
Raleigh NC 27615
919.802.4087
<https://www.psychologyinraleigh.com/>

DRG Counseling

5720 Creedmoor Rd
Suite 201
Raleigh NC 27612
919.977.6018
www.drgcounseling.org/

Doug Davis, PhD

131 Wind Chime Ct
Raleigh, NC 27615
919.749.4210
www.dougdavispsych.com

Douglas Andrew Therapy

122 Saint Mary's St
Raleigh NC 27605
919.815.4748
www.douglasandrewtherapy.com/

Dr. Greta Zuck

5613 Duraleigh Rd
Suite 161
Raleigh NC 27612
919.946.7609

Duke Center for Child & Family Policy (Lauren Thomason)

919-668-3294
<https://childandfamilypolicy.duke.edu/person/lauren-thomason/>

Emma Van Horne (Unbound Wellness Group)

1100 Wake Forest Rd
Suite 100-E
Raleigh NC 27604
919.561.5086
www.unboundwellnessgroup.com

Family Psychiatry & Psychology

1400 Crescent Green
Suite 120
Cary NC 27518
919.233.4131
www.fppa.com

Flip Educational Consulting, LLC

280 West Millbrook Rd
Raleigh NC 27609
519 Keisler Dr
Suite 202
Cary NC 27518
Elda Privette – 919.271.3762
Elizabeth Worley – 919.389.3950
www.flipconsultants.com/

Gupta Psychiatry (Has Counseling)

Locations: Raleigh, Apex, Durham, Clayton,
Wake Forest, and Mooreville
919.870.8409
<https://www.gpwpsychiatry.com/>

Hope Services, LLC

3000 Highwoods Blvd
Suite 310
Raleigh, NC 27604
919.714.7500
www.hopeservices4u.com

Hyland Psychological Services

8380 Six Forks Rd
Raleigh NC 27615
Kathleen Hyland, PsyD
984.235.5889
www.hylandpsychologicalservices.com

IWE Family Psychology

Nandana Surana
189 Wind Chime Ct
Suite 202
Raleigh NC 27615
919.200.0224
www.iwehealth.com

Joe Tooley, PhD

106 Ridgeview Dr.
Cary NC 27511
919.656.0950
www.tooleygroup.com

Katherine Bredehoeft, PhD

7404-A Chapel Hill Rd
Raleigh, NC 27607
919.468.9444
www.christian-reflection.com

Kelley Counseling

1145-D Executive Circle
Cary NC 27511
919.249.5423
www.kelley-counseling.com/

Lucy Daniels Center

9003 Weston Pkwy
Cary, NC 27513
919.677.1400
*10 yrs old & younger
www.lucydanielscenter.org

Mendel Psychological Associates (Matthew Mendell, PhD)

9360 Falls of Neuse Rd
Suite 205
Raleigh NC 27615
919.876.1313
www.drmendel.com

Miles Gilliom, PhD

1616 Evans Rd
Suite 202
Cary, NC 27513
919.818.8989
www.milesgilliomphd.com/services

Mindpath Health

Locations: Raleigh, Cary, Clayton, Durham,
Chapel Hill, Wilson, Greensboro & more
855-501-1004
<https://www.mindpath.com/>

Monarch Behavioral Health Urgent Care

319 Chapanoke Rd
Suite 120
Raleigh NC 27603
866.272.7826
www.monarchnc.org/

North Carolina Center for Resiliency

Locations: Raleigh, Chapel Hill, Durham,
Apex
984.383.0103
www.optumbhcare.com/site/northcarolinacenterforresiliency

***ACCEPTS MEDICAID**

NC Institute of Advanced NeuroHealth

Locations: Apex & Fuquay-Varina
800.732822
<https://www.ncinstneurohealth.com/>

New Hope Counseling

230 W Millbrook Rd

Raleigh NC 27609

919.872.1190

www.nhcounseling.net

New Leaf Behavioral Health

3725 National Dr

Suite 220

Raleigh NC 27612

919.781.8370

www.nlbh.org

Oak City Counseling

136 Mine Lake Ct

Raleigh NC 27615

919.424.7975

www.oakcitycounseling.com

Oak City Psychology

8410 Six Forks Rd

Suite 102

Raleigh NC 27615

919.322.4620

www.oakcitypsychology.com

Path to Hope Counseling

230 West Millbrook Road

Raleigh NC 27609

984.500.2021

www.pathtohopecounseling.com

Peak City Psychology

Dr. Carrie Dittner

201 S Salem St

Apex, NC 27502

919.303.0377

www.peakcitypsychology.com

Project Enlightenment

501 S. Boylan Ave

Raleigh, NC 27603

919.856.7774

<https://projectenlightenment.wcpss.net>

Psychology Today

<https://www.psychologytoday.com/us>

Raleigh Parent and Child

3820 Merton Dr

Suite 105

Raleigh NC 27609

919.807.1982

www.raleighparentandchild.com/

RDU Counseling for Change

Breanna Linn

3200 Wake Forest Rd

Raleigh NC 27609

919.713.0260

www.rducounselingforchange.com

RDU Therapy

Ray Rd and Strickland Rd

Raleigh NC 27613

919.297.8191

<https://rdutheraapy.com/rdutheraapy-overview>

Resilience Wellness

(Virtual Appointments only)

www.res-well.com

Robyn Claar, Ph.D

5015 Southpark Dr

Suite 200

Durham NC 27713

919.794.6096

www.drrobynclaar.com/

Rosalind Heiko, PhD

919.858.9692

www.drheiko.com

Royal Phoenix Life Services

Robyn Bristow

3948 Browning Pl

Raleigh NC 27609

919.501.3293

www.royalphoenix.com

Sally Grimley, PhD

883 Washington St
Raleigh NC 27605
919.832.2991

Scarlett Foxx

984.733.3699

Shattuck Wellness Behavioral Health

2501 Atrium Dr
Raleigh NC 27607
919.359.9700
www.swbhs.com

Silber Psychological Services

1004 Dresser Dr
Suite 103
Raleigh, NC 27609
919.876.5658
www.silbersolutions.com

Stephanie Phillips, LPC (The Mindly Group)

8406 Six Forks Rd
Suite 204
Raleigh NC 27615
919.926.9495
www.themindlygroup.com

Susan Ehrlich, LCSW

919.784.0508

Therapeutic Alternatives, Inc

336-495-2700
*mobile crisis management 877.626.1772
www.mytahome.com

Therapeutic Partners, PLLC

7406 Chapel Hill Rd, Ste F
Raleigh, NC 27607
919.233.7360
www.therapeuticpartners.com

Third Wave Psychotherapy

5401 Six Forks Rd
Raleigh NC 27609
919.886.4052
<https://3rdwavetherapy.com>

Three Oaks Behavioral Health & Wellness

1011 Dresser Ct
Raleigh NC 27609
919.514.3566
www.threeoaksbehavioralhealth.com

Triangle ACT, Inc

103 Brady St
Cary, NC 27511
919.465.2550
www.triangleact.com

Triangle Area Psychology Clinic

5726 Fayetteville Rd
Suite 101
Durham NC 27713
919.237.3321
www.tapclinicnc.com/

Triangle Family Services

3937 Western Blvd
Raleigh, NC 27606
919.821.0790
www.tfsnc.org

Triangle Pastoral Counseling

312 W. Millbrook Rd #109
Raleigh, NC 27609
919.845.9977
www.tripastoralcounseling.org

Truth Heals Counseling

3721 Benson Dr
Raleigh, NC 27615
Tasia Hawkins
919.759.6443
www.truthhealscounseling.org

**Wake Family Psychology, PLLC (David
Smoot, PhD)**

6512 Six Forks Rd

Suite 302

Raleigh NC 27615

919.518.0390

www.wakefamilypsych.com